Outdoor Education Jr. High Option Timeline

Tues/Thurs

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| Date | Unit/Outcomes | Assessments/Evaluations |
| Week 1 | Introduction to course   * Hand out Course outlines * Ice Breaker Games * Get to know you BINGO * Mini-Groups: Two truths and a Lie * Toxic Pond * Leadership: What does it mean? * Followership: What does it mean? * Making a journal and title page for your * Survey and Interests * Research project on ‘what interests me’ – present to another group | Leadership/Followership journal reflection  Journal creation  Peer marking of interest project |
| Week 2  \* Outdoor Lab – bring clothing (jackets!) | Tree Identification  - Classroom portion and then outdoor lab. Walk and Id.  - Outdoor Lab in forest. | Journal entry  Tree ID sheet  Tweet ID – tweet two trees or shrubs that |
| Week 3  \*Outdoor Lab – bring warm clothing | Orienteering and Map skills   * Compass * Maps * Amazing Race game * Make your own map? | Journal Entry |
| Week 4 | Shelter Making:  - Fort making and tarp rigging | Journal Entry |
| Week 5 | National Parks and Canada Research Week:  - Choose a national park and research it | Research project |
| Week 6 | National Park Research Continued Tuesday | Project  Journal entry |
| Week 7 | Animal and Bird Identification  - Track and bird ID cards | Participation  Journal entry |
| Week 8 | Animal and Bird Identification (Tuesday)  Hypothermia and Winter Safety | Journal entry  Project |
| Week 9 | Survival and Emergency First Aid   * Emergency situations * Emergency first aid * Survival situations | Quiz |
| Week 10 ( | Climbing Field Trip **Thursday Afternoon**  Tuesday:   * - climbing 101 – history, types, videos and technique | Journal entry  Emergency first aid quiz |
| Week 11 | Weather and Weather Interpretation   * Clouds * Weather and trips * Dressing for weather * Northern climate |  |
| Week 12 | Campfire 101   * building campfires * Types of tinder (bring in your own) | Cloud project  Journal Entry and weather data |
| Week 13 | Wilderness Movie Week | Reflection and Discussion questions |
| Week 14 | Outdoor Cooking Lab #1   * Cast iron cooking   One pot meals | Journal Entry |
| Week 15 | Outdoor Cooking Lab #2  - Dehydrating food | Bird/Wildlife ID sheet  Journal Entry |
| Week 16 | Snow Shoeing Labs | Creating a course  Journal Entry |
| Week 17 | Quinzee building  - Snow shelter history and building |  |
| Week 18 | Outdoor Games  - Having fun in the snow! | Journal Entry  Trip Plan |
| Week 19 | Journal Finalization  Video summary |  |