Outdoor Education Jr. High Option Timeline

Tues/Thurs

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| Date | Unit/Outcomes | Assessments/Evaluations |
| Week 1  | Introduction to course* Hand out Course outlines
* Ice Breaker Games
* Get to know you BINGO
* Mini-Groups: Two truths and a Lie
* Toxic Pond
* Leadership: What does it mean?
* Followership: What does it mean?
* Making a journal and title page for your
* Survey and Interests
* Research project on ‘what interests me’ – present to another group
 | Leadership/Followership journal reflectionJournal creationPeer marking of interest project |
| Week 2 \* Outdoor Lab – bring clothing (jackets!) | Tree Identification- Classroom portion and then outdoor lab. Walk and Id.- Outdoor Lab in forest.  | Journal entryTree ID sheetTweet ID – tweet two trees or shrubs that  |
| Week 3 \*Outdoor Lab – bring warm clothing | Orienteering and Map skills* Compass
* Maps
* Amazing Race game
* Make your own map?
 | Journal Entry |
| Week 4 | Shelter Making: - Fort making and tarp rigging | Journal Entry |
| Week 5  | National Parks and Canada Research Week: - Choose a national park and research it | Research project |
| Week 6  | National Park Research Continued Tuesday  | ProjectJournal entry |
| Week 7 | Animal and Bird Identification- Track and bird ID cards | ParticipationJournal entry |
| Week 8  | Animal and Bird Identification (Tuesday) Hypothermia and Winter Safety | Journal entryProject |
| Week 9  | Survival and Emergency First Aid* Emergency situations
* Emergency first aid
* Survival situations
 | Quiz |
| Week 10 ( | Climbing Field Trip **Thursday Afternoon** Tuesday: * - climbing 101 – history, types, videos and technique
 | Journal entryEmergency first aid quiz |
| Week 11  | Weather and Weather Interpretation* Clouds
* Weather and trips
* Dressing for weather
* Northern climate
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| Week 12  | Campfire 101* building campfires
* Types of tinder (bring in your own)
 | Cloud projectJournal Entry and weather data |
| Week 13  | Wilderness Movie Week | Reflection and Discussion questions |
| Week 14  | Outdoor Cooking Lab #1* Cast iron cooking

One pot meals | Journal Entry |
| Week 15  | Outdoor Cooking Lab #2- Dehydrating food | Bird/Wildlife ID sheetJournal Entry |
| Week 16  | Snow Shoeing Labs | Creating a courseJournal Entry |
| Week 17  | Quinzee building- Snow shelter history and building |  |
| Week 18  | Outdoor Games- Having fun in the snow!  | Journal EntryTrip Plan  |
| Week 19  | Journal FinalizationVideo summary |  |